

M Yamane, Past and Present of RHESC & JNHDA

Time runs so fast. RHESC has reached 27th year of its establishment on November 22, 2012. This is a very happy moment for every one of us. To come at this stage respected Masako Yamane, M Yamane Support Association, JNHDA, supporting friends of Japan and Nepalese people including executives and staffs all have their great role and efforts. I must thank them at this moment.

Masako Yamane and her love towards Nepalese patients:

Respected Masako Yamane came from Aizen Aai of Kameyoka, Japan through ULBA Free Clinic in November 17, 1983 to serve Nepalese people and started serving people in Kathmandu. I had an opportunity to meet her during the same year and started to work with her as a volunteer and I am fortunate that I am still working with her. She worked for two years at ULBA free clinic and many people regained their life through her service. She also worked for one year under Leprosy control Project at Khokana Leprosy Clinic serving people suffering from leprosy in Kathmandu. While working with her one day M Yamane told me that I should register one organization to permanently provide health services to the poor and needy people which I thought I can help her and I must do this. I thought the service is the most need in the rural areas rather than in the urban areas and with the objectives of serving people in the rural areas after discussing and getting advices with some friends a clinic was started in November 1986 at the two rented rooms the place called Gokarna Dakshin Dhoka, 13 kms away from the center of Kathmandu city.

M Yamane's struggles in expanding the health care service in Nepal:

Recognizing Y Manane's humanitarian work a sewerage management Committee of Kathmandu municipality under the support from German government supported for the construction of two rooms for this purpose. After six months of the start of clinic at rented room it shifted to the new building of its own. There was no transportation facility during that time. Even after a bus or tempo drive it had to walk for about 20 to 25 minutes to reach the place called Gokarna Dakshin Dhoka. Sometimes she used to walk for ups and downs. What did she find serving people in spite of mental satisfaction? I feel that she loves to serve people.

A team of Japanese media people came to observe the activities carried out by Japanese citizen at RHESC in Nepal and that was published in the newspaper and some televisions in Japan. Through which she got cash prize several times. Whatever the cash prizes she received she spend her all cash prizes for the development of RHESC. First she helped in developing four rooms from two rooms including one hall and one office room. When the rooms were not sufficient for running the health care services then the four rooms were expanded for giving services of Kai therapy, Acupuncture including the Office room and waiting room for the patients.

To serve the eye and ENT patients an operation theatre and one library and one Tiffin room was constructed. Then JNHDA supported for the flooring and furnishing. All the required equipments and instruments for the operation theatre was supported by Dr. Itaru Kuruzomi and some equipments

by Dr. Junsuke Akura. Since 1996 JNHDA has been supporting RHESC and for this we are very much grateful for their kind support.

At present RHESC is providing the following services:

- a) Kai Therapy
- b) Acupuncture
- c) General Health Check-up
- d) Eye check-up
- e) Ear, Nose and Throat check-up
- f) Gynecology check-up
- g) Pediatric check-up
- h) Skin and STD check-up
- i) Family Planning (temporary) service
- j) Health Education
- k) Radiology (X-ray) service
- l) Pathology service
- m) Outreach health camps
- n) Surgical Services e.g. eye, ENT and other general minor surgeries

Our future planning which will help RHESC in keeping sustainable:

Twelve years ago, we had started a three year course on acupuncture with the affiliation from Council for Technical Education and Vocational Training (CTEVT). Its main objective was to develop technical acupuncture human resource in Nepal thinking that this will also support RHESC economically. But CTEVT gave only vocational recognition rather than academic even after training three year course. Then we started our struggle to make this course as an academic course with CTEVT. We also developed a new curriculum for the course and got it approved. We had to deposit Rs. 25,000 for affiliation and as a deposit Rs. 500,000 which we did it. But still CTEVT did not give us permission to start the course. Again we had to protest and this year Ministry of Education decided to give us permission to start the course. Therefore, from the coming fiscal year (July 2013) we are going to start the three year course on acupuncture as certificate level. We are hopeful that after the start of this course RHESC will be financially sustainable and this will help to continue the health care services including the job security of the staffs of RHESC.