

# Annual Activity Report 2012

Submitted to:

**Japan Nepal Human Development Association (JNHDA),  
Japan**

Implemented by:

**Rural Health Education & Service Center (RHESC)**

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Bimal Poudyal  
General Secretary

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B. P. Shahi  
Chairman

## Message from the Chairman of RHESC

I feel a great pleasure and privilege to share all of you the activities carried out by Rural Health Education and Service center which was established in 1986 through the financial support of M. Yamane Support Organization of Japan. This support after 1999 has been continuously supported by the Japan Nepal Human Development Association of Japan.

RHESC is a nongovernmental, nonprofit making, social organization involved in providing promotive, preventive and curative health care services among poor and under privileged people of north-eastern area of Kathmandu valley.

Every year when I come with an annual report and see the achievements I feel proud of myself and I do recall my past days. It was in 1984/85 when I met Ms. Masako Yamane in Nepal who was working with ULBA organization as a volunteer. Her thought of serving poor and underprivileged people with different health problems gave me inspiration and through her guidance and support we started RHESC clinic in a small rented room at the place called Gokarna Dakhin Dhoka, 13 kms away north-east of center of Kathmandu city. As time passed away, through the love of respected Madam M. Yamane and friends from Japan it grew up so faster with the demand of time. We had to struggle a lot to come to this stage as a full-fledged mini hospital, which at present serves more than 10,000 poor and under privileged people of the country each year.

Alternative medicine has been gaining popularity in the world and so as in Nepal thus the services on acupuncture and Comfortable Healing therapy has been the attraction of the clinic of RHESC. The comfortable healing service (Khai-igaku), which is available at RHESC has helped in making proper diagnosis and been able to cure diseases like Hepatitis A & B, HIV positives, Asthma, multiple joint pain, first & second stage of cancers, and many more diseases.

At present, besides the regular general medical services, RHESC has also been providing surgical facilities for the eye, ear, nose & throat problems at its own building with the facility of standard operation theatre. Similarly, it has a facility for pathological investigations mostly for routine procedures and X-ray service.

To cope with the demand of poor and underprivileged people of Nepal on the modern methods of health care delivery system is very challenging. RHESC is trying its level best to sustain the present available services and expects continuous support from JNHDA, its well wishers and the government of Nepal in the coming days to come.

We are very much thankful to the Japanese people, Japan Nepal Human Development Association (JNHDA) for their generous support and also thankful for the support provided by the Social Welfare Council and socially motivated team members of RHESC. I sincerely thank all the executive members and staffs of RHESC for their support and dedication to achieve this progress.

Thank you.

Bal Prasad Shahi  
Chairman

**Introduction:**

This is an annual activity report of RHESC carried out during January to December 2012. The RHESC has been providing the following services;

- a) General Medical Services: This service is provided 6 days in a week. Medical doctor and paramedical are deputed to look after the general health problems.
- b) Comfortable Medicine (Life Energy Test) service is provided 4 days in a week. Ms. Masako Yamane, representative of JNHDA renders this very special service.
- c) Acupuncture Service is provided 6 days in a week
- d) As a part of sub specialty services eye, ENT, Dermatology, Gynecology and Pediatric services are provided in a weekly basis by the concerned post graduate doctors.
- e) Pathology Service is made available 6 days in a week.
- f) Family planning service and health education are provided every day in a regular basis.
- g) Immunization services are provided twice in a month and this service is supported through the District Public Health Office of Ministry of Health.

### Manpower Involved:

To carry out the activities smoothly all together 23 persons are given employment by the RHESC. Of the total medical personnel are part timer and rest work as full time basis. The following are the breakdown of the manpower of the RHESC;

- Medical personals, 7 persons
- Paramedical personnel 11 persons
- Administration personals 5 persons

### Accomplishment:

RHESC in one year period have been able to provide services to a total of 15824 patients at its clinic who were registered and provided different forms of health care services. Of the total patients registered 18.40% received services through general medical services, 2.39% through comfortable medicine service, 48.18% acupuncture service, 12.42% Family planning service, and rest were through Eye, ENT, pathology and Immunization services. The summary of the activities is given below in different headings as described in the following tables.

Table 'A'

Table showing the pattern of services provided at RHESC during Jan – December 2012

S.No.	Description	Services 2012	%	Services 2011	%	Compare to 2011
1	General Medical Services	2909	18.40	3154	18.68	-0.28%
2	Comfortable Healing Service	378	2.39	178	1.05	+1.34%
3	Acupuncture Service	7615	48.18	8667	51.34	-3.16%
4	Eye Service	1287	8.14	1198	7.10	+1.04%
5	Ear, Nose and Throat service	587	3.11	531	3.15	-0.04%
6	Family Planning Service	1963	12.42	2080	12.32	+0.10%
7	Expanded Program for Immunization Service	1085	6.86	1074	6.36	+0.60%
	<b>Total</b>	<b>15824</b>	<b>100</b>	<b>16882</b>	<b>100</b>	<b>-6.38%</b>

## A. General Medical Services:

A total of 2909 patients were registered, examined and treatment under general medical services. Compare to the last year this service has been decreased to 5.20%. Of the total patients examined and treated 18.98% were patients with gastritis, 13.10% pyrexia of unknown origin, 9.93% ARI/Lower respiratory tract infection, 12.41% skin diseases, 3.20% abdominal pain, 6.87% Urinary tract infection, 5.68% reproductive infection and rest were with different other health problems reported . The following table gives a real picture of diseases detected and treated at RHESC.

Table B  
Table Showing Morbidity Details Examined and Treated under General Medical Services

Diseases	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Total
Measles								1					1
Tyoid						1	3	2	5			1	12
Diarrhea Disease	4	2	7	6	10	14	10	10	5	2	4	12	86
Intestina Worms	2		1	1	1	2	1	3	7	3	1	1	23
Infective Hepatitis/Jaundice					1	1	5	2	1	1		3	14
RTI (Reporoductive Infection)	9	9	17	16	15	7	17	16	1	7	5	10	129
A vitaminnnnosis/Nutritional Deficiency													0
Skin Desease	27	27	53	40	48	50	55	7	11	18	11	14	361
ARI/Lower respiratory tract infection	8	3	5	5	22	15	40	70	60	28	13	20	289
Upper respiratory tract infection	3	6	5	9	2	11	4	5	34	5	3	3	90
Chicken Pox					1	1							2
Pneumonia		1	1		1								3
Ear Infection		1		1				5	2		2		11
Sore Eye and complaints					2							2	4
UTI (urinary tract infection)	20	12	21	15	23	31	20	28	5	7	7	11	200
Mental disorder									2			2	4
Chronic Bronchitis/COPD/Asthma	1	4	3	1	1	4	1	2	4	4	6	2	33
Gastritis/APD	33	45	40	53	46	73	62	67	40	27	30	36	552
Pyrexin of unknown origin	21	28	42	47	32	56	16	44	46	17	19	13	381
HTN (Hypertendion)	13	7	22	18	16	9	17	12	8	8	6	7	143
Headache	1	1	8	4	2	4	16	10	11	5	2	1	65
Falls (injury/fractures)	1	3	2	2				1	2	2	1	44	58
Mumps					1								1
RTA (Road Traffic Accident)													0
Abdominal pain	5	7	8	4	12	19	14	3	4	1	3	13	93
Toothache & other mouth complaints		2					2	1		2	1		8
Arthritis, Rheumatism & Gout	7	4	5	2	7	6		2	6	2	8	7	56
Sinusitis	1		3		3	2	2	8	1		3	2	25
Tonsilitis	6	3	8	4	1	6	10	2	3		3	5	51
Haemorrhoids/Piles	1	2	2	1	3				1	1	1	2	14
Hernia					1								1
Hydrocelle			1										1

Breast Lumps/Breast abscess		3	2	1	2	6	2	4	1	1	1	2	25
Diabetes Mellitus (DM)	1	2	5	3	4	1		3		2	1	1	23
Rheumatic heart disease													0
Burn & Scalds													0
Dog bites/Rabies/Animals bites													0
Snake bites													0
Not mentioned above & other disease	11	13	13	11	1	11	9	12	18	11	15	25	150
<b>Total</b>	<b>175</b>	<b>185</b>	<b>274</b>	<b>244</b>	<b>258</b>	<b>330</b>	<b>306</b>	<b>319</b>	<b>278</b>	<b>154</b>	<b>146</b>	<b>239</b>	<b>2909</b>

## Eye Service:

In spite of the development of eye care services in Nepal blindness is still considered as a public health problem. People of this area with low socio-economic income cannot afford the charges made at the eye hospital in the city. RHESC, with its limited resources is providing eye care services once a week. RHESC is continuing providing cataract and other minor surgery at its clinic to give sight for poor and blind people.

In this year a total 1287 patient with different eye problems were treated. However, due to unavailability of A & B Scan could not perform the cataract operation in spite of having a good operation theatre of RHESC. Majority of the eye problems detected and treated at the clinic are refractive errors, conjunctivitis, foreign bodies and cataract. See table given below for eye morbidity.

Table C

Eye Diseases Reported and Treated

Eye Diseases 2012	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Total
Cataract IMSC/MSC	22	1	6	1	1	2	2	3	3	4	2	10	57
Foreign body in eye	1	1	1	1	2	2	1	2		2	2	1	16
Refractive error	30	44	82	78	47	100	98	100	38	15	13	16	661
Conjunctiits	3	2	12	3	2	13	2	2	7	13	5	5	69
Ptevygum	1	1	4	2	1	2	3	3		3	2	3	25
Dry Eye	14	8	2	1	2	4	2	3	2	3	3	3	47
Presbyopia	1	10	2	1	2	3	2	3	3	32	15	15	89
Blepharitis		23		1		2	1	3		2	2	3	37
Sty/Chalazion	2	1	2	2	2	4	3	2	2	5	8	1	34
Scleritis/Episcleritis			1			2	1						4
Asthenopia								1					1
Amblyopia								1					1
NLD obstruction					1			1					2
Rotionpathy												1	1
Corneal Ulcer/Keratitis							1	1					2
NAD	5	6	11	5	4	17	5	2	13	7	10	7	92
Others	3	3	8	4	6	4	5	6	20	28	27	35	149
<b>Grand Total</b>	<b>82</b>	<b>100</b>	<b>131</b>	<b>99</b>	<b>70</b>	<b>155</b>	<b>126</b>	<b>133</b>	<b>88</b>	<b>114</b>	<b>89</b>	<b>100</b>	<b>1287</b>

## Acupuncture Service:

Acupuncture is one of the important and most successful services made available at this center. This service has been very helpful in treating a patient with paralysis, arthritis, backache, body ache, muscle and other diseases. In this year, a total of 7616 patients (male 44.38% and female 55.62%) were registered and treated through this service. Likewise from among the total patients examined 7.14% patients were totally new patients coming for acupuncture service.

Of the total patients treated under acupuncture service 16.65% patients were with hemiplegia, 15.93% Rheumatic Arthritis, 18.46% with non rheumatoid arthritis, 6.64% with backache and 8.64% sciatica and other health problems. See following table for detail of acupuncture service.

Table D  
Acupuncture Services

Diseases	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Total
1. Rheumatoid Arthritis	84	100	119	138	127	144	91	104	137	35	60	74	1213
2. Non Rheumatoid Arthritis	110	40	170	132	159	152	187	148	92	61	105	50	1406
3. Frozen Shoulder	6	34	19	13	16	32	15	33	19	9	44	8	248
4. Gouit	22	9	2	24	30	29	15	10	32	8	3	7	191
5. Backache/Bodyache	11	36	57	62	78	29	40	27	74	18	44	30	506
6. Musscle Pain	8	12	17	11	26	18	6	5	31	13	12	20	179
7. Hemiplegia	119	66	82	112	124	148	115	123	120	75	80	104	1268
a. Facial paralysis	40	37	45	15	21	35	21	43	24	30	33	62	406
b. Monoplegia			4	10	9		11	16	10	11	7	5	83
c. Paraplegia	1	4	18	13	13	13	11	9	15	1	27	32	157
d. Qudriplegia	15	20	13	10	3	3	14	15	10	4	3	3	113
8. Headache	10		3			1	11	5	10	2	1	9	52
9. Neuritis	56	44	36	85	104	45	76	144	75	29	8	1	703
10. Sciatica	26	61	69	60	65	49	59	120	78	26	24	21	658
11. Optic atropy	1												1
12. Other	13	35	47	47	61	44	56	30	34	13	27	24	431
<b>Total</b>	<b>522</b>	<b>498</b>	<b>701</b>	<b>732</b>	<b>836</b>	<b>742</b>	<b>728</b>	<b>832</b>	<b>761</b>	<b>335</b>	<b>478</b>	<b>450</b>	7616
<b>New</b>	39	31	53	56	59	50	60	50	54	21	37	34	544
<b>Female</b>	<b>242</b>	<b>278</b>	<b>439</b>	<b>382</b>	<b>377</b>	<b>461</b>	<b>413</b>	<b>500</b>	<b>461</b>	<b>178</b>	<b>269</b>	<b>236</b>	4236
<b>Male</b>	280	220	262	350	459	281	315	332	300	158	209	214	3380

## Ear, Nose and Throat service:

ENT problems including deafness and hearing impairment is another major problem of the people of this area. Under ENT service a total of 587 persons were registered and provided services at the clinic. Major problems noticed are given in detail in the following table.

Table E

**Ear, Nose and Throat problems detected and treated at RHESC**

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Total
<b>CSOM (Chronic suppurative otitis media)</b>	15	7	12	3	11	9	15	11	13	4	7	6	113
ASOM	7	4	5	2	1	1	6	6	4	2	8	5	51
Otocomyis	2		1	1			2	5	2	3	1	2	19
Wax	10	6	9	10	14	10	17	9	19	18	7	9	138
Pinna Swelling									1				1
Hearing loss							1						1
Foreign body in ear	1			1	1	1	1	2	1		1		9
OE(Otitis externa)	4	2	2	3	1	1	2	9	3	1		5	33
AOE(Acute otitis externa)	1	3	1	2	1	1	1	1	5	1		2	19
Nose-Sinusitis				2	1	1	1	1	2		1		9
Epitxis				1	1	1	2		1				6
Allergic Rhinitis			1	2			2		2	1			8
Throat-Pharyngitis	1	4	3	4	1	1	11	3	2				30
Tonsillitis		3	2	4	2	2	2	3	1	1		1	21
Headache/Vertigo		1	1	3	2	2	2	2	3				16
Apthus ulcer				1	1	1	1						4
NAD	6	2	1	3	5	5	7	5	2	1	2	1	40
Others	8	3	2	7	8	8	9	6	5	3	6	4	69
<b>Grand Total</b>	<b>55</b>	<b>35</b>	<b>40</b>	<b>49</b>	<b>50</b>	<b>44</b>	<b>82</b>	<b>63</b>	<b>66</b>	<b>35</b>	<b>33</b>	<b>35</b>	<b>587</b>

**Pathology Service:**

RHESC has also facility for pathological services. Those attending the clinic and requiring investigations can have facility for routine examination of the investigative services. RHESC provides pathological services through Stool, Blood, Urine and other tests as investigating examinations. Regarding the investigations a total of 3115 for routing blood examination, 231 for stool tests and 676 for urine tests were performed at the clinic in one year. The following table gives the details of pathological services provided during 2012.

**Table F  
Summary of Pathology Tests**

<b>Blood</b>	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Total
TC	43	36	52	48	38	45	34	43	41	4	20	43	447
DC	43	36	52	48	37	43	34	33	40	4	20	43	433
Hb	44	37	55	49	37	44	34	34	31	4	20	43	432
ECR	42	37	51	46	36	41	30	11	5		15	33	347
Grouping	2	1	2	1	3	3	1	1		1		2	17
HIV	1	1	2	1		3		1		1	1	2	13
VDRL	1	2	1	1		3		1	1	1		4	15
HBSAg	1	1	1	1		3		1		1		2	11
Uric Acid(U/A)	19	17	22	21	26	25	15	18	26	5	11	11	216
RA Fctor(R/A)	16	10	17	15	18	11	9	9	10	4	5	1	125

CRP	1		6	5	8	3	6	9	9	4	3	1	55
Sugar(F)	6	10	6	10	11	10	15	5	5	4	12	9	103
Sugar(PP)	4	6	9	5	10	10	15	5	6	5	8	9	92
Sugar®	40	34	53	44	43	39	32	25	42	6	29	41	428
Urea	26	22	30	33	31	18	13	7	2	3	5	5	195
Bilrubian	2	4	3	5	11	12	9	25	16	8	4	7	106
Cholesterol	2		4	1	1	1	2	1		1	2	1	16
Tiglyceride	2		4	1	1	1	2	1		1	1	1	15
HDL								1		1	1	1	4
Widal Test	1	2	8	6	12	17	15	18	16	3	4	3	105
<b>Grand Total</b>	<b>296</b>	<b>256</b>	<b>378</b>	<b>341</b>	<b>323</b>	<b>332</b>	<b>266</b>	<b>249</b>	<b>250</b>	<b>61</b>	<b>161</b>	<b>262</b>	<b>3175</b>

Stool R/E	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Total
Tape Worm	7	16	17	18	14	31	24	14	7	3	12	19	182
Hook Worm													0
Giardia	1	1	1		4	9	13	8		3	1	7	48
E Histolytica								1					1
<b>Grand Total</b>	<b>8</b>	<b>17</b>	<b>18</b>	<b>18</b>	<b>18</b>	<b>40</b>	<b>37</b>	<b>23</b>	<b>7</b>	<b>6</b>	<b>13</b>	<b>26</b>	<b>231</b>

Urine Pgegnancy Test	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Total
Urine Pgegnancy Test (+)	2	5	3	4	3	4	4	5	1		1	6	38
Urine Pregnancy Test (-)	6	4	5	6	4	6	4	2	5	2		4	48
Urine R/E		50	48	50	68	59	75	68	60	19	11	29	590
<b>Grand Total</b>		<b>58</b>	<b>57</b>	<b>58</b>	<b>78</b>	<b>66</b>	<b>85</b>	<b>76</b>	<b>67</b>	<b>25</b>	<b>13</b>	<b>30</b>	<b>676</b>

### Family Planning Service:

RHESC with the support from District Public Health Office through health post have been regularly providing family planning services at the clinic. In one year a total of 1963 persons benefited through this services. Major services received by the clients are Depo-provera and Pills that is being provided. Following table gives clear picture of the services rendered in one year period.

Table G  
Family Planning Services Provided

Type	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
DEPROVERA												
(a) New	1	5	7	7	4	4	8	3	3	3	7	4
(b) continues	164	159	166	170	141	143	111	152	164	164	144	168
PILLS												
(a) New							1		1			
(b) continues	3	3	3	3	3	3	4	4	4	4	4	4
<b>TOTAL</b>	<b>168</b>	<b>167</b>	<b>176</b>	<b>180</b>	<b>151</b>	<b>150</b>	<b>124</b>	<b>172</b>	<b>172</b>	<b>171</b>	<b>155</b>	<b>176</b>

### Immunization Service:

Immunization service being provided with the support from District Public Health Office through health post of the area under the government expanded program for immunization (EPI) has been regularly reported to the concern authority. A total of 1085 children received BCG, DPT, Polio and measles vaccines in one year period. The following services were rendered in 2012.

Table H  
Reports of EPI Services Provided

Type	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Total
BCG	11	9	5	4	6	4	6		15	4	6	6	76
DPT-I	18	11	17	12	11	11	6		13	14	20	14	147
DPT-II	11	17	8	15	11	10	7		9	9	9	22	128
DPT-III	13	15	9	15	15	16	8		10	8	8	21	138
Polio-I	18	11	17	12	11	11	6		13	20	20	14	153
Polio-II	11	17	8	15	11	10	7		9	9	9	22	128
Polio-III	13	15	9	15	15	16	8		10	8	8	21	138
Measles	12	9	16	27	12	11	13		28	21	21	7	177
<b>TOTAL</b>	<b>107</b>	<b>104</b>	<b>89</b>	<b>115</b>	<b>92</b>	<b>89</b>	<b>61</b>		<b>107</b>	<b>93</b>	<b>101</b>	<b>127</b>	<b>1085</b>

### Comfortable Healing Service:

Comfortable Healing Service also known as Life energy Test Service has been provided four days in a week. A total 378 patients in one year with different health problems were benefited with this service. These tests have been successful in making early as well as confirm diagnosis with possible solutions to solve different chronic and undiagnosed health problems. Out of 378 patients registered under this service 100 diagnoses were made and treated accordingly. Morbidity report of life energy test conducted in 2012 is given below.

Table I  
Showing details diseases detected and treated under Life Energy Test

S. No.	Disease	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Total
1	Acute Leukemia	2												2
2	Ascaris	1			2	1			1					5
3	Adero ca prostate						3							3
4	Amoeba dysentry						1		6				1	8
5	Adero ca Uterus						2							2
6	Ancystoma	0						1						1
7	Astrocytoma							1			1			2
8	Anisakis							1		1				2
9	Atrophytestis	0						1						1
10	Ameba Abcese								1					1
11	Ameba dysentory									5				5
12	A Gastric	0								1				1
13	Adeno ca uterus											1		1
14	Buski	1			5	5	7	1	7	1	2	10		39
15	B filaria				5	1	3	2		3	2	1		17

16	B Stone				1	5	5	7	2	2	2	3	2	29
17	B Hepatitis				1									1
18	Candida Albicans	1			1		3	2	15	2	6		2	32
19	C-fos				1									1
20	Cytomegolo virus				15	8	14	3	3	3	2	4		52
21	CA Laranx				1									1
22	Ca-19-9				1						1	2		4
23	Ca 125	1												1
24	C-Hepatitis				1									1
25	C-Fos				1									1
26	Cloronosis Sinusis				1									1
27	Ca Gallbladder							1						1
28	Creptococcus N	0						2		1				3
29	Ca Stomach	0						1						1
30	Cystitis kidney	0							1					1
31	Colon Ulcer	0							1					1
32	Ca Tongue								1					1
33	Ca prostate	0								1				1
34	Ca Liver	0									1			1
35	Diabetes				3	1	4	4	3					15
36	Dirofilaria	1			1	2	1							5
37	Diphtheriae	1								1		1		3
38	Endometritis	1			2	1	3		10	2		3	3	25
39	E Pancreaticum				1	1	2	1						5
40	Encephalitis Japonica					1								1
41	Fassialla SPP				1									1
42	Fatty Liver					2	1	1	3	3		1		11
43	Fungi								2					2
44	Gastric Polyp						1	1						2
45	Gout	1			10	7	11	12	22	16	8	4	8	99
46	Giardia				4	3		1	1					9
47	Grunulomatous Orctiltis					1								1
48	Good									4				4
49	Gastric Polyp									1				1
50	Glaucoma										1			1
51	Herpes Zoster				5	1	1				3	2	1	13
52	Hornea				1									1
53	Herpes Simplex					1	2		1	1	1			6
54	H. Nocens				1		3							4
55	Hemiplegia	0					1	1		2		2	1	7
56	Hepatitis B	0								1				1
57	Hepatitis E										1			1

58	Histoplasma	0							1				1
59	Hepatoblastoma Liver+UB									2			2
60	Hemorrhagic infraction										1		1
61	Ig. A	1		2		2	1	1	4	2	1		14
62	Ig. E					1	1	2			2		6
63	Ig-F			1									1
64	Ig-G			2		1	3	1	1	1	2		11
65	Insomania						1						1
66	Keratosi	0						2					2
67	Lymphoma	0							3				3
68	MRSA	3		9	7	8	5	12	1	6	1	6	58
69	M Filaria							1					1
70	Meningitis	0							1				1
71	Meningioma											2	2
72	Nephritis						1			1			2
73	Oligodendroid Glioma			4	3						1		8
74	P. westermani											3	3
75	Pylori			1		5	3			3	1		13
76	Pencil Shaped Softening					6	7	6	1				20
77	Pin worm					1		2					3
78	Pancreaticum							1					1
79	Plasmodium F							1	1				2
80	Polynephritis	0							1				1
81	P. westermani										1		1
82	Regionaella			1									1
83	SA			2				4			1		7
84	Syphilis			2									2
85	Stomach Ulcer	0					1	0					1
86	SE						2	2	1	2	1		8
87	Schwannoma									1	1		2
88	Tetani			10	7	12	3	2	5	4	1		44
89	T. Solium			3	11	14	3	6	1	1	4	2	45
90	Trichophytone			2		1			1			1	5
91	Trichinella			2					1				3
92	TPA			1									1
93	Taenia saginata	0	0	0	1	0	0		3		2	1	7
94	Typhorium			2				1	10			1	14
95	T3 T4				1	1		2			2		6
96	Thelagia Callipaeda					5	1		1				7
97	Toxoplasma	0	0				1	1					2
98	TB							2					2

99	Typhosa									1		2		3
100	Yokogawae								1					1
	Total	14	0	0	110	70	125	78	130	88	56	55	35	761

Table J

Sex ratio of the patients treated under comfortable healing services

From among the 378 patients under gone for comfortable healing services 163 were male and 215 were females.

Sex	J	F	M	A	M	J	J	A	S	O	N	D	Total
Male	3			22	16	34	14	15	22	17	11	9	163
Female	9			23	9	30	25	41	35	16	11	16	215
Total	12			45	25	64	39	56	57	33	22	25	378

Table K

Types of clients and results of treatment under comfortable healing services

Among the service recipients 168 were new clients and 210 were follow ups.

Types	J	F	M	A	M	J	J	A	S	O	N	D	Total
New	0	0	0	29	13	32	10	25	28	7	15	9	168
Old	12	0	0	16	12	32	29	31	29	26	7	16	210
Total	12	0	0	45	25	64	39	56	57	33	22	25	378

#### Other services:

RHESC also provided X ray services as an investigative service and in one year period a total of 258 persons benefited with this service.

Types	J	F	M	A	M	J	J	A	S	O	N	D	Total
X-Ray	13	10	17	20	25	26	22	20	27	14	27	37	258

#### Conclusion:

RHESC has managed its services in a very critical condition in 2012. However, the upcoming training in Acupuncture is expected to sustain the RHESC financially. RHESC through only sell of its services is impossible to make it financially sustainable. The main reason being the people coming to receive services at this center are very poor and even the basic charges made is not affordable to them. RHESC has been able to come at this stage through the generous support from the Japanese people and dedication of Ms. M. Yamane. To keep continue this good work is expected to receive support from the people of Japan and also looking forward for the support from the government of Nepal.